

CLASS 2 DANCE ANNUAL PLAN - AY 2026-27

Month	Theme & Topics	Learning Objectives	Teaching Strategies	Academic Integration
April	*Introduction to basic Dance * Free-flowing movement, expressions, basic Indian hand gestures (mudras) *Preparation for World Earth Day Assembly	Enhance flexibility and fluidity & Express emotions through movement	Imitative movements from nature (wind, water flow) - Basic improvisation games Fun Activity: Expressive Dance Faces	
May	*Exploring Body Movements with Indian Elements * Creating shapes with the body, introducing Kathak spins *Preparation for World Environment day	Develop body awareness & Improve control and expression	Shape-based movement exercises, Partner activities	Geometry - Shapes and angles in movements
July	*Using Space in Dance movements * High, medium, low levels Indian folk dance elements *Preparation for Janmashtami Assembly	Learn spatial awareness - Experiment with different body levels	Fun Activity: Follow the Pattern Dance	
August	*Partner Work in the different type of Dance * Learning to coordinate with a partner *Preparation for Janmashtami Assembly *Preparation for Teachers' day Day Assembly	Develop teamwork and coordination	Partner mirroring exercises - Contact improvisation Fun Activity: Partner Reflection Dance	Social Science - Collaboration and cooperation
September	*Musicality in Dance (Fusion dance) * Understanding rhythm Preparation for Gandhi Jayanti Assembly	Develop rhythm awareness	Dance with different tempos - Music and movement exercises Fun Activity: Beat Counting Dance	
October	*Dynamics in Movement with Indian Folk Elements * Soft and strong movements *Preparation for Oman National Day Assembly	Experiment with energy levels in dance	Contrast-based movement exploration Fun Activity: Energy Change Dance	Physics - Understanding force in movement
November	*Dance Composition * Creating a small dance piece * Preparation for Christmas Assembly	Develop creativity and structuring	Guided improvisation - Peer feedback sessions	

December	*Expressive and Connecting dance with emotions * Preparation for Christmas Assembly	Improve emotional intelligence - Express feelings through dance	Mood-based improvisation - Movement journaling	Psychology - How emotions influence actions
January	*Preparing for end-of-year performance	Develop stage confidence - Apply learned skills in a performance setting	Full choreography review, feedback sessions - Our Earth : simple dance	
February	*Refining Techniques & Performance Skills Sharpening expressions and movements	Strengthen dance expression and technique	Rehearsal techniques, group assessments Activity: Performance Reflection Circle	Fun Performing Arts - Stage presence skills